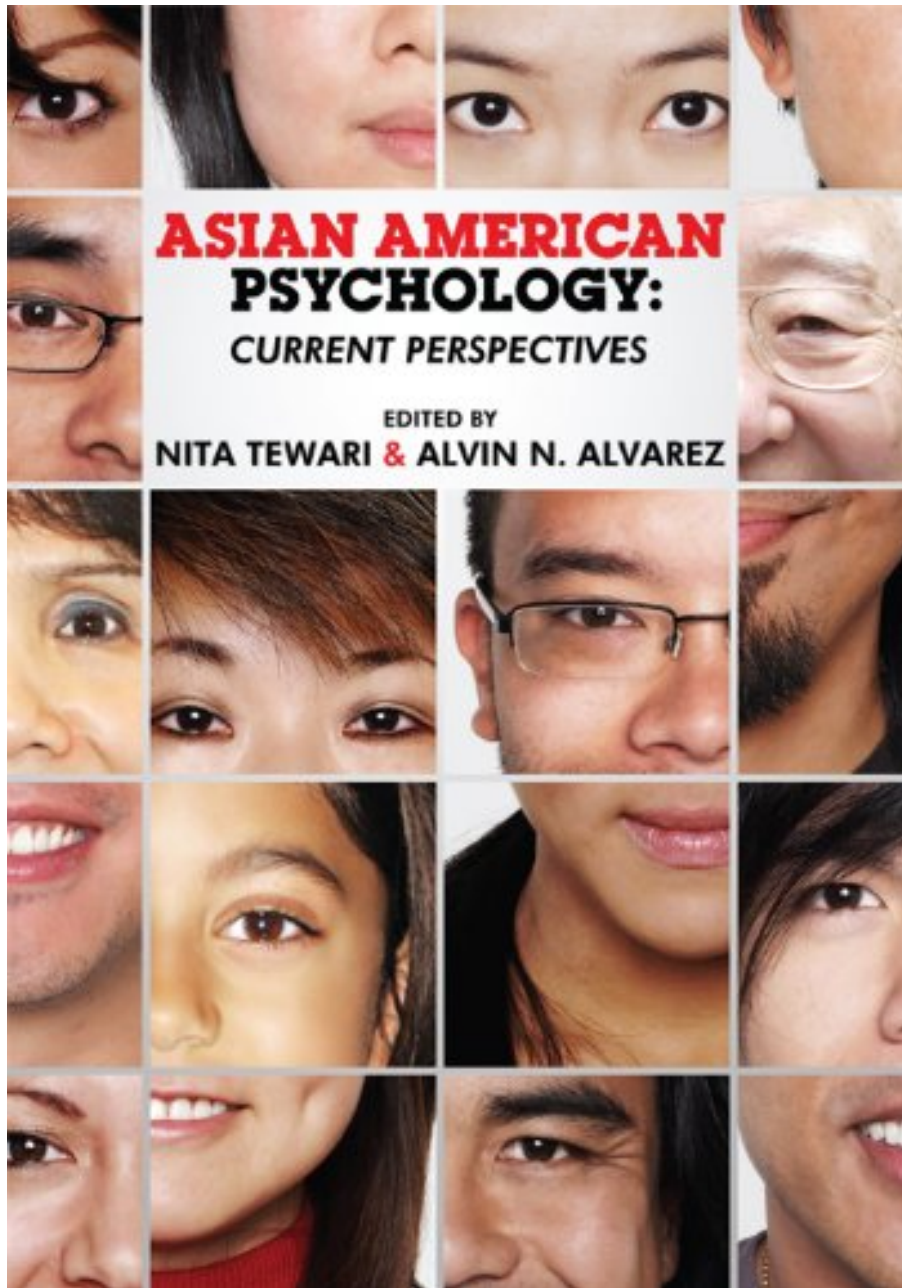


ASIAN AMERICAN PSYCHOLOGY: CURRENT PERSPECTIVES FROM PSYCHOLOGY PRESS



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Review

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"I have taught courses in Asian American Psychology for over 15 years and would have welcomed a textbook such as this....I feel that this book fills a niche that needed to be filled...It has both the breadth and depth necessary to be an excellent resource. Drs. Tewari and Alvarez have done a superb job of bringing together an outstanding group of scholars in the field of Asian American Psychology" - Mary Ann Takemoto, California State University, Long Beach

About the Author

Nita Tewari (Ph.D., Counseling Psychology, Southern Illinois University, 2000) is a second generation Indian American whose parents emigrated from India about 40 years ago. She was born in Los Angeles County, was raised and resides in Orange County, California. She completed her bachelor's in psychology from the University of California, Irvine and her doctoral internship at the University of California, Los Angeles Student Psychological Services. She earned her master's in psychology and doctorate in counseling psychology from Southern Illinois University at Carbondale. She has served in the positions of Research Psychologist at California State University Long Beach, Clinical Researcher at the University of California Irvine, Department of Psychiatry and Human Behavior and Staff Psychologist in the Counseling Center and Adjunct Faculty in the School of Social Sciences and Asian American Studies at the University of California, Irvine (UCI). She has taught Asian American Psychology at UCI, has provided clinical services to

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This is the first textbook written to welcome those who are new to Asian American psychology. Concepts and theories come to life by relating the material to everyday experiences and by including activities, discussion questions, exercises, clinical case studies, and internet resources. Contributions from the leading experts and emerging scholars and practitioners in the field - the majority of whom have also taught Asian American psychology - feature current perspectives and key findings from the psychological literature.

The book opens with the cornerstones of Asian American psychology, including Asian American history and research methods. Part 2 addresses how Asian Americans balance multiple worlds with topics such as racial identity, acculturation, and religion. Part 3 explores the psychological experiences of Asian Americans through the lens of gender and sexual orientation and their influence on relationships. Part 4 discusses the emerging experiences of Asian Americans, including adoptees, parachute kids, and multiracial Asian Americans. Part 5 focuses on social and life issues facing Asian Americans such as racism, academic and career development. The text concludes with an examination of the physical and psychological well-being of Asian Americans and avenues for coping and healing.

This ground-breaking volume is intended as an undergraduate/beginning graduate level introductory textbook on Asian American psychology taught in departments of psychology, Asian American and/or ethnic studies, counseling, sociology, and other social sciences. In addition, the clinical cases will also appeal to clinicians and other mental health workers committed to learning about Asian Americans.

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Most helpful customer reviews

6 of 6 people found the following review helpful.

Outstanding Resource and Interesting Book

By Christine Yeh

This outstanding and comprehensive book is a fantastic resource for anyone interested in race, education, counseling, multiculturalism, culture, ethnicity, psychology, and Asian Americans in particular. The Editors, Drs. Nita Tewari and Alvin Alvarez have compiled senior and junior scholars, researchers, academics, and psychologists to cover the most current and relevant topics in Asian American Psychology. This book would be an excellent textbook in an Asian American Psychology, cultural studies, cross-cultural psychology, courses. The chapters include many resources from videos to websites and interdisciplinary literature. The chapters also include case examples, discussion questions, and new and emerging trends in the field. There are also photos in each of the chapters revealing the true diversity of the Asian American experience. I have to admit I learned so much reading this book and I highly recommend it.

4 of 4 people found the following review helpful.

Easy to read & understand

By C. T. Lee

I bought this book on a recommendation. I am not a student studying the subject. The chapters covered a lot of areas of study which I found fascinating. I liked that each area was covered by a different research author thereby providing diverse points of view. I experienced many of the racial/ethnic issues covered and am glad there is a book that provides scholarly analysis and research about these issues in a way that is easy to read and understand.

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Four Stars

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Thanks!

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