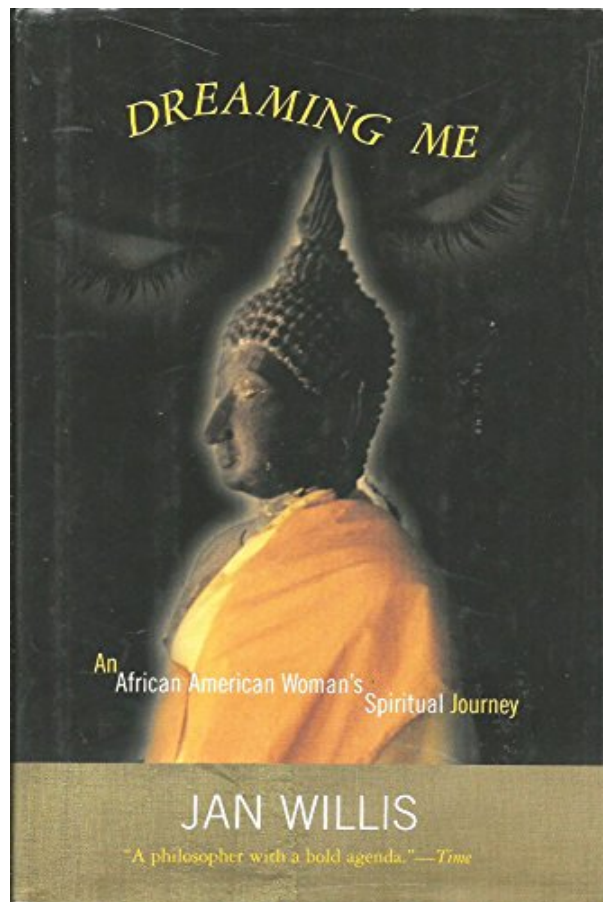
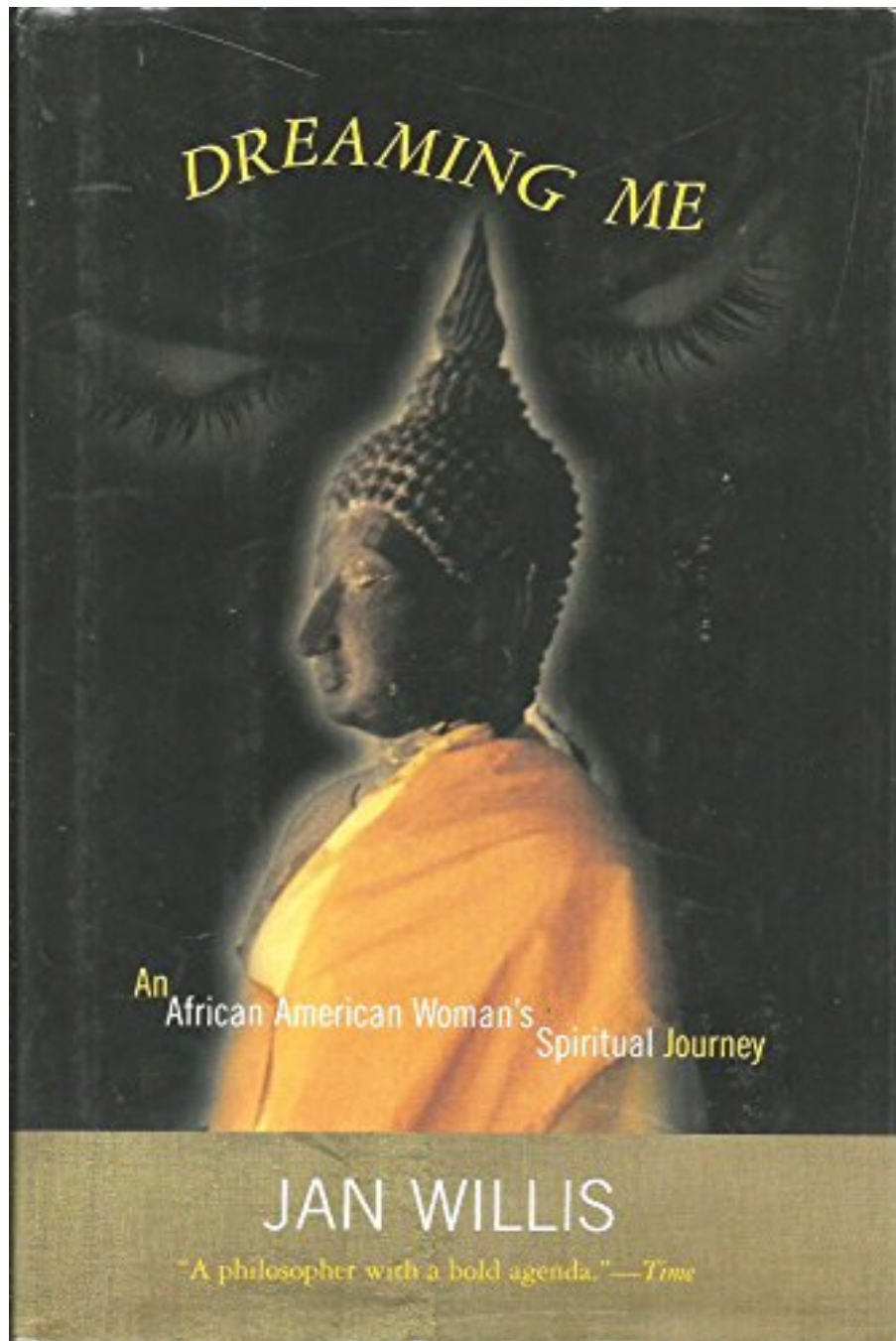


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- Sales Rank: #2014240 in Books
- Published on: 2001-01-01
- Number of items: 1
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Fascinating

By Swing King

There is something intriguing about a story which chronicles a former Baptist's alteration towards adhering to the teachings of the Buddha Shakyamuni. Jan Willis is an African-American Tibetan scholar and translator, a professor of religion at Wesleyan University and teacher of Buddhism for more than 25 years. She starts the book recording her life prior to finding the Buddha's teachings, a life spent as a devout Southern Baptist in a segregation ridden south. The KKK was active in her area of Alabama, and at a very early age they had burned a cross in her parent's front lawn. Later she would go on to march in Martin Luther King's civil rights movement, adhering to the values she so strongly believed in. In 1965, with 7 other African-Americans, she enrolled in Cornell University where during her junior year she sailed off on a trip to India which greatly impacted her life. For a brief period she returned to the states to continue her studies at Cornell, but eventually she felt drawn back unto the East again. She left this time for Nepal and underwent intense study with the Tibetan master Lama Yeshe. She studied with him for more than 15 years, where she faced a problem most predominant in all our practices: sense of self, ego.

This book is a fascinating look at a very small minority in the world of Buddhism, the role African-Americans have played in it's growth and the teaching of the Dharma. In the west, in my lineage of Zen, African-American's are probably the least represented group of all. While we have male and female teachers, and practitioners of several racial and cultural backgrounds, for some reason or another there is a very small pocket of African-Americans present. This is not due to any sort of discrimination but rather, to be frank, oftentimes the African-American individual can at times have a problem with breaking down ego. Something which has it's roots in the horrendous treatment this group underwent at the hands of a predominantly white America. This work is a fascinating look at practicing the Buddha Dharma in modern times with a voice of honesty, clarity, and incisive wisdom on each and every page. Enjoy this treasure.

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