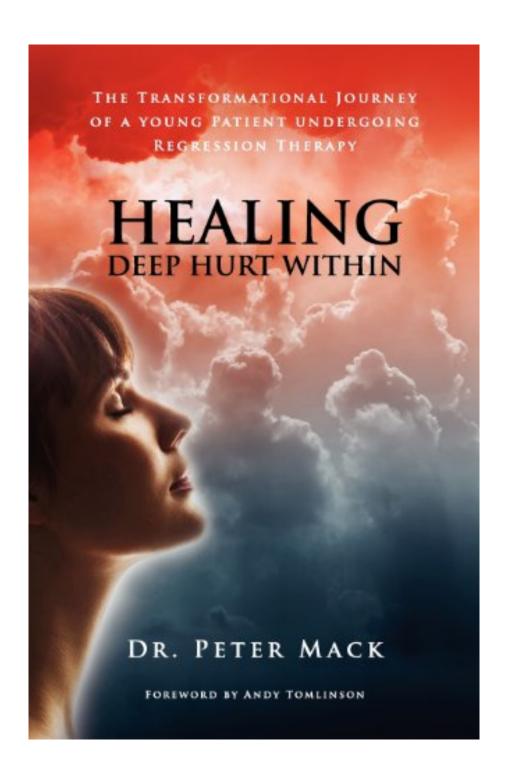


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About the Author

PETER MACK is Professor of English at the University of Warwick.

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It describes the amazing transformational journey of a young female patient in a hospital environment who had depression, insomnia, dissociative amnesia, suicidal thoughts, auditory hallucinations and flashbacks. When the traditional medical approached did not work she underwent regression therapy with one of the surgeons in the hospital. This rapidly brought her out of the depths of despair and helped her to move on in life. It is a story of hope, inspiration and the dedication of a doctor's courage in facing the medical community with his beliefs of the power of regression therapy

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PETER MACK is Professor of English at the University of Warwick.

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Healing Deep Hurt Within

By Theresa Chee

This real sharing is remarkable! Petrina was able to lead a normal life after 8 sessions of therapy with Dr Peter Mack and this is something that counseling or medicine can ever do.

Petrina is a very courageous young lady who lived her life by facing reality and walking through it. She has enabled herself to make a difference in her life with the help of a caring therapist.

Dr Peter Mack helped Petrina recover and heal within a ridiculously short time that is unexplainable by medical context and research.

This book is a MUST read for those who are ready to assume responsibility and live their life to the fullest. It

is truly an eye opener. If Petrina can do it, so can you!

This book is highly recommended for ALL to read and it would be a pity to miss it.

2 of 2 people found the following review helpful.

Hypnotic book

By Renuka

I started reading this book at 8pm just after dinner and could not put it down. Finished the entire book in one sitting 4 hours later. The book certainly captures the attention of the reader and I felt like I was in a trance!

I am a student of hypnotherapy & past life regression therapy and a reiki practitioner. I found the book especially interesting in the way the writer, a medical doctor, used alternative therapy techniques to treat his patient.

For students/practitioners of hypnotherapy and past life regression therapy, this book not only gives some valuable pratical guide in how to work together with your client/patient but also on how a practitioner should conscientiously work towards the highest good of his client.

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Fascinating Read!

By Joyce Cheng

Healing in itself is so powerful and Dr Mack shows that with all the medical sciences, there are alternative paths that can help patients reach deep into oneself in getting to the root of deeper wounds.

Once I started reading, it was so intriguing that I found it hard to put it down until I completed the book. It is amazing that Dr. Mack, a surgical doctor, went all the way out of his medical boundaries to seek deep into the source of the problems to help his patients.

His persistence, dedication and generosity are admirable.

Must read!!

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