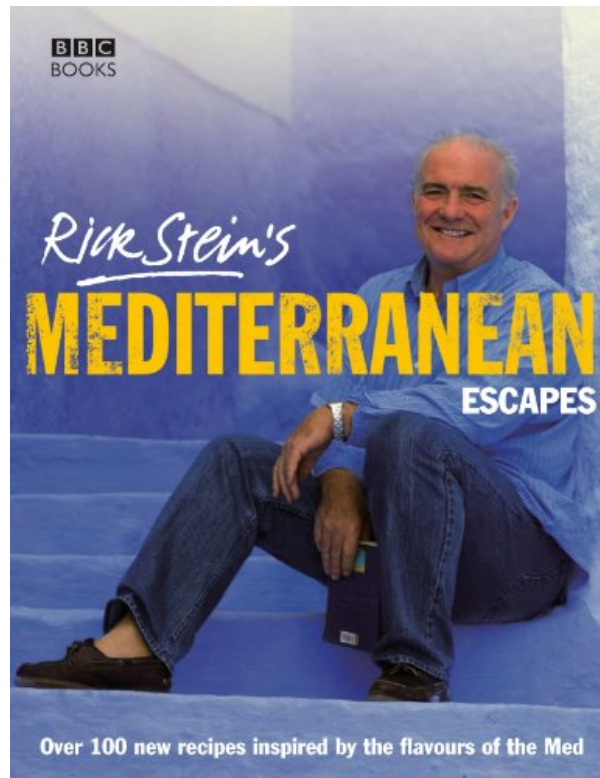
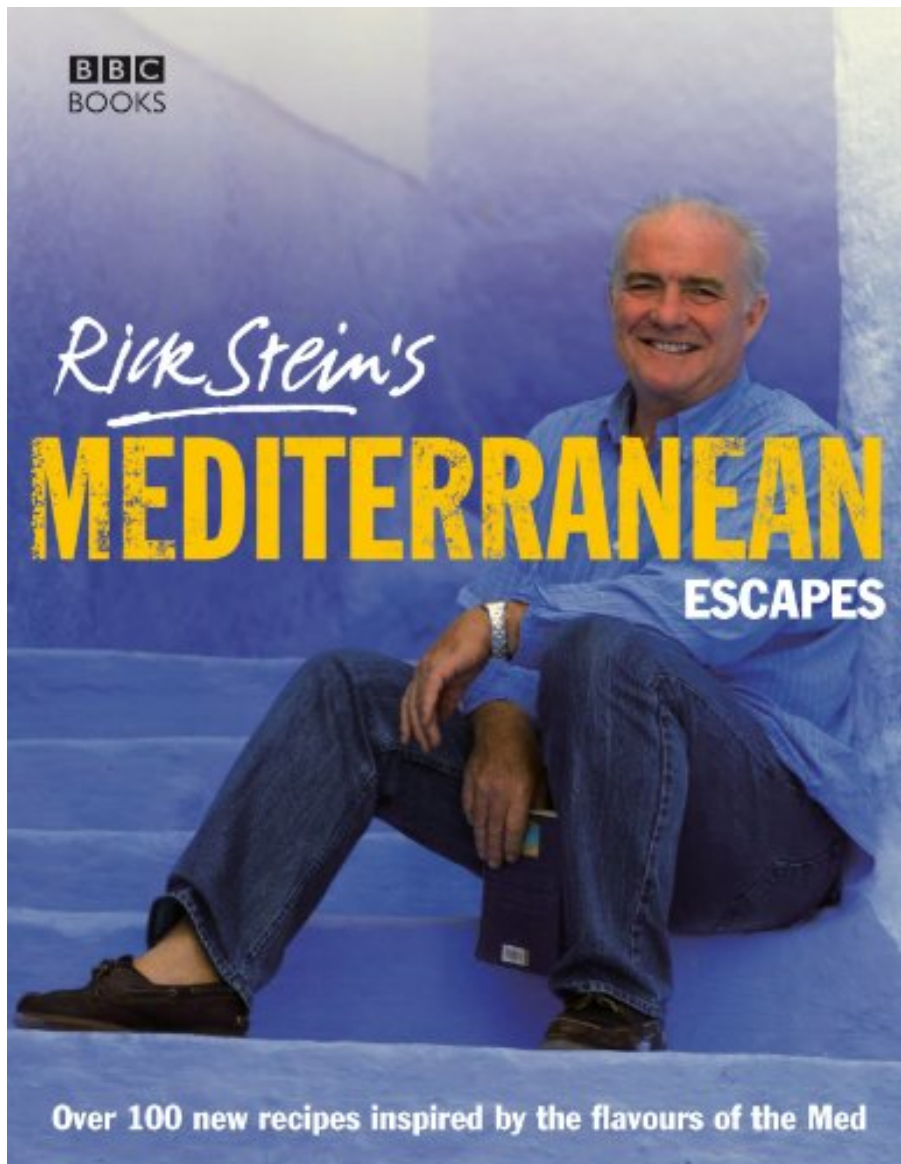


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Review

"His repertoire of recipe books, restaurants and television programmes - not to mention an inexhaustible knowledge and infectious passion on the subject - have all helped him bring fish to the culinary forefront in the UK." Daily Express "For me he is the nonpareil telly chef because he always makes me drool like a slobberhound...Stein is like a plateful of smoked haddock, poached egg and mashed potatoes, a combination that is both unbeatably satisfying and fun." -- Kathryn Flett Observer Food Monthly "An antipasti antidote to the greasy chips and soggy anorak of an excuse for summer that we've had to put with, every page of this book is a ray of sunshine. Beautiful photographs of bell towers in Corfu and Corsican coastlines will make you wish you were born the child of a peasant fisherman, while the food will make you rejoice for your KitchenAid mixer and that Global knife collection. Packed full of mouth-watering delights like Sicilian rice balls with ham, peas, saffron and provolone cheese, grilled stuffed mussels from Catalonia and a decent pudding section, featuring Moroccan orange salad and a fabulous chocolate and ricotta tart, this book will transport you to where the living is easy and the cooking is simple and hearty. The summer you wished you'd had - in hardback." -- Ellie Crompton Heat Magazine

About the Author

Rick Stein's passion for using good quality local produce and his talent for creating delicious flavour combinations in his books and restaurants have won him a host of awards, accolades and fans. As well as presenting a number of television series, he has published many best-selling cookery books, including French Odyssey, Coast to Coast, Far Eastern Odyssey and Spain. Rick is a firm supporter of sustainable farming and fishing techniques, which he strives to maintain in Padstow, Cornwall, where he runs four acclaimed restaurants and a seafood cookery school, as well as a delicatessen and patisserie. In 2003 Rick was awarded an OBE for services to West Country tourism. He divides his time between Padstow and Australia, where he opened a restaurant, Rick Stein at Bannister's, in 2009.

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Approach the Mediterranean Sea from any direction and you know you've entered a different world. Rick Stein's culinary odyssey takes in both the islands and coast of this remarkable region.

Travelling often by public ferry boat, and encountering extraordinary people along the way, Rick has sought out the very best of the region's food. This is a land where culinary trends are looked down upon. What matters is how good the lemons are this year and who is pressing the best olive oil. Rick's pick of more than 100 recipes includes Catalan Grilled Stuffed Mussels, Feta and Mint Pastries, Puglian Fava Bean Puree, Corsican Oysters with a Pernod and Tarragon Dressing, Moroccan Chicken with Preserved Lemon and Olives, Sicilian Orange Cake and Corfiot Rice Pudding.

Fully illustrated with beautiful food photography by Earl Carter and landscape photography by Craig Easton, Rick Stein's Mediterranean is a fascinating journey into a rich and varied culinary heritage.

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Most helpful customer reviews

5 of 5 people found the following review helpful.

Missing Something

By Cynthia Goulet

First I must confess I love Rick Stein. His passion for food and the emotion he cooks with is always inspirational to me. I watch all his shows, buy the videos/DVDs and every book as soon as they are available BUT this book seems to miss the mark. I can't really put my finger on what's missing but it is lacking that spark you generally find in Rick's books. There are good recipes and I think serious foodies would find value in the book but would hate for someone just being introduced to Rick Stein to judge the man and his passions on this effort.

Looking forward with great expectations to his next one.

1 of 1 people found the following review helpful.

Outstanding

By Caroline Oates

I am a big fan of Rick Stein and just last month went to Padstow in England and went to his Seafood restaurant. It was fantastic. Way above my expectations. The great bar in the middle of the room, the setting, the art work ... THE FOOD. Best I have had in a very long time. Back to the book. I love this book and have made several dishes from it already. One of my favourites is the fennel sausages with potatoes and lemon. I really like the fact it is a taste of the Mediterranean ... best of the region... and the stories behind each recipe. The photography in the book is also very inspiring. I've bought the book for three friends so far and on Amazon now to buy it for another friend. It's great.

1 of 1 people found the following review helpful.

My mom says...

By Pablo Hernandez Climent

People,

I don't have any cooking skills, but my mother does indeed, that's why I bought her this book, which she keeps as a treasure, not because she loves her son, but because in her own words "it's the best Mediterranean cookbook she has ever seen".

A great gift that gives back double!

See all 9 customer reviews...

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