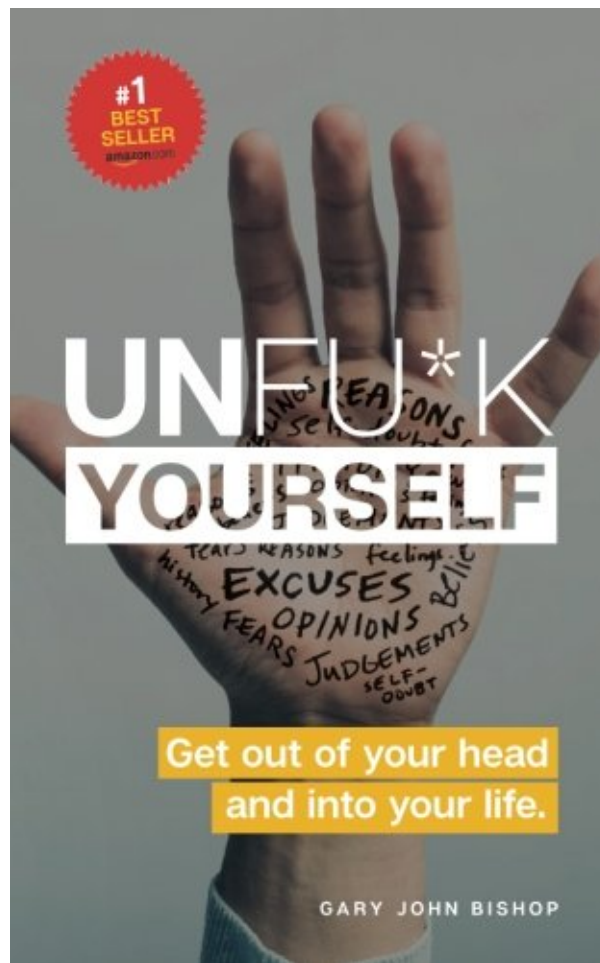


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## **About the Author**

Gary John Bishop began his life journey in Glasgow, Scotland. The grit and wit of his early life have contributed to his tough-love, in-your-face approach to coaching. Coupled with world-class training and development, Gary has created a potent brew of effectiveness and the ability to reach through the crust of people's lives and root out the deeper issues that consume them and tie them to their challenges. His ability to elevate and expand people's greatness makes the kind of life-altering impact that is rare in the industry. Gary's hyper-awareness and years of elite training allow him to assess each client and guide them to the path that best expresses their lives; with micro precision, he cuts straight to the heart of what is going to make a difference. Gary's experience and quick ascent to becoming a senior program director for one of the world's leading personal development organizations is proof that he is dedicated and committed to what is possible for every person he encounters. He doesn't claim perfection. He's been through life and doesn't sugar coat his folly. He uses his experience as both a human being and a world class coach to mentor and coach people to raise the bar higher than what they once thought would be their greatest self. It is this experience that puts him in a class all his own as an author. His ability to condense vast ontological and phenomenological philosophy into a relatably approachable and empowering book are beyond earth shifting. He is committed to making a difference in the world and authorship part of that commitment.

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Nothing is exempt from the power of guidance that Gary offers in this book. Divorce, loss, failure, burden, health... There is no circumstance or concern that won't be affected and elevated to a state of workability by his offerings. Within the pages of this book, you will find the power you've given away and use it to untwist the veil that clouds how you see life. When you're finished reading it you'll likely find yourself going back to it over and over to feel the energy and passion that Gary puts into helping the world undo a lifetime of what's been done by them. You'll find yourself owning more than you ever thought you were responsible for and you'll actually feel good about it, no in fact, great about it.

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I'm finally awake after 3 year nap

By cami flaget

I am realizing just how much I took myself out of the game of life after our youngest daughter passed away about 3 years ago. She was almost 6 years old and I was 33. At 36 years young I felt one and a half decades older than my body. With the help of Gary's words, I realize that I am my hero and, ultimately, this is really

good news for me. I was so busy waiting for things to get better that I wasn't in action about living a happy life despite the fact that my youngest is no longer physically in it. Certainly, I will always miss her, but I can experience joy, peace, passion, and excitement as well. I feel compelled to drive forward with a velocity that inspires me. I started singing again (in the car, around the house, even at my office)...I hadn't noticed that it was gone for 3 years until it showed up again. Many thanks for the opportunity this book gives me to take the bull by the horns and to be responsible for my present and future. I am so relieved! Seriously, that sounds so weird. Who would have thought that me being responsible would leave me feeling relief? ha! It's so true though. I feel like I am finally awake after an extended nap. Thanks for the wake up call, Gary John Bishop.

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